

# GET IN THE GAME!

## LOOK FOR THE BIG PAPER BOWL FOR YOUR LAST CHANCE TO WIN \$200! IN THE JANUARY 29 ISSUE

# PAPER BOWL

Volume 16 • Number 4

Wednesday, January 22, 2014

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# The Paper

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### News in Brief



**BUNCO!** is enjoyed at the Dwight United Methodist Church by local residents.



### Emington 3rd of July Meeting January 27

The Emington Community Association will meet to plan the 3rd of July celebration on January 27 at 6:30 in the Road Runner Restaurant.

Community input is urged and important in helping to plan this event and volunteers are welcome. Ideas for the parade theme are being entertained.

Any questions, contact Pam Crouch at 815-934-5500 or Kay Godby at 815-295-3403.

### Odell Town Hall Meeting

On Tuesday, January 28, there will be a Town Hall Meeting at the Fire Station in Odell to discuss the proposed tax levy being sought for an ambulance service in Odell. This will start at 7:00 p.m.

Information will be given, all issues will be discussed, and all questions will be answered.

**SENIOR PAGES 4 and 5 TODAY!!**

### The Paper

204 E. Chippewa St.,  
Dwight, IL 60420

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### Shop Inserts in The Paper Today!

**Berkot's Super Foods Shopko**

Some inserts not available in total market area.

### Dwight Firefighter/EMS Member Charged with Abuse

Kevin Holohan, 31, of Dwight was arrested by Dwight Police Friday, January 10, 2014 on charges of Predatory Criminal Sexual Assault of a Child (Class X Felony), and Aggravated Criminal Sexual Abuse (Class 2 Felony).

He was originally held in Livingston County jail on \$75,000 bond, but was later released after his bond was reduced.

Holohan is a Lieutenant in the Dwight Fire Department and member of Dwight Emergency Medical Services.

### Livingston County School Facility Tax in Effect January 13 Dwight Village Board Actions

by Madelyn Fogarty  
[madelynfogarty@yahoo.com](mailto:madelynfogarty@yahoo.com)

Village retail businesses are reminded that the Livingston County Schools Facility Sales Tax went into effect on January 1, 2014 and an additional one percent tax should be applied to qualifying purchases. The new tax law referendum was passed in the April 2013 Consolidated Election.

This new tax allows for the addition of a one cent tax on every dollar spent on qualifying retail purchases in Livingston County. The collected tax revenues are then distributed to schools in Livingston County based on student enrollment numbers.

Retail sales not subject to the new one percent tax include vehicles, boats and RVs, unprepared food, medicine, farm equipment, parts and farm inputs, and any item not currently taxed. School facility sales tax rev-

enues can be used for infrastructure related items such as new school facilities, additions and renovations, safety and security improvements, or paying off building bonds. However, the monies cannot be used for salaries, instructional or operating costs.

**In other business** at the January 13 session of the Dwight Village Board of Trustees, the board learned that a newly formed organization which joins the forces of IMPACT Dwight, Dwight Main Street, the Dwight Economic Development Council and Dwight Chamber of Commerce recently elected Alex McWilliams as Chairman and Max Sulzberger as Vice-Chairman. Currently operating under the name of Dwight Economic Partnership, the group is combining efforts to form one united, and more efficient, organization. A

(continued on page 8)



A DOWNTOWN REVITALIZATION workshop in Dwight was well attended Thursday, January 16. Those present for the all-day sessions in The Country Mansion Garden Room learned how to attract new business prospects and strengthen existing businesses. Participants received Certificates of Completion from NIU for continuing education credit. The workshop was hosted by, below from left, Christina Rogers, State Coordinator of Illinois Main Street; Mim Evans, Northern Illinois University, organizer of the workshop; and Janice Lauritzen, Dwight Main Street.



### Dwight High School to Move to Traditional Schedule New Course Offerings Considered

by Madelyn Fogarty  
[madelynfogarty@yahoo.com](mailto:madelynfogarty@yahoo.com)

Students at Dwight Township High School can anticipate a significant change beginning next year. At its January 15 session, the Board of Education indicated a schedule change proposal will receive official board approval in February.

DTHS Principal Dan Kaiser presented a formal proposal to the board for the adoption of a Traditional eight-period schedule at DTHS beginning with the 2014-15 school year.

Last month, Principal Kaiser presented the initial proposal to move from the current Block schedule to a Traditional schedule format. The district has been using the Block schedule format for 18 years.

A panel of 14 experienced faculty members worked with Principal Kaiser weighing all of the pros and cons of both scheduling options. Along with gaining additional instructional minutes, it was determined that

moving to the Traditional schedule would provide greater continuity and daily connections which would benefit students. The change is not expected to reduce staff or class offerings. It would be implemented with the understanding that it would remain in place for a minimum of four years and would be evaluated on content delivery and student achievement. The consensus of the board was to proceed with making the change to the Traditional schedule format with plans to affirm the action at its February session.

**In another matter**, Principal Kaiser presented a report from the school's nine member Curriculum Advisory Council which included three new course proposals. The new courses would include Industrial Drafting, Anatomy and Physiology, and Beginning Guitar. Pending final approval, the new courses are planned to be offered beginning with the 2014-15 school year. The board expressed consensus

to move forward with the new course offerings and is expected to also formally affirm this action in February.

**In his financial report** to the board, Superintendent Dr. Richard Jancek noted that the State of Illinois is getting further behind on its payments to the district. The ISBE Financial Reimbursement Information System report shows the State of Illinois currently owes the Dwight High School district \$57,960.73.

**The board also:**  
• agreed to a proposal allowing for the annual FFA ski trip to take place on Monday, February 17 (school holiday/President's Day), to Cascade Mountain in Wisconsin.

• approved the 2013-14 Certified Seniority List of 27 certified staff including 15 tenured staff with service in the district ranging from five to 24.5 years.

• affirmed amendment #5 to the 2012-2015 DEA/BOE Contract Agreement adding

(continued on page 3)



Rod Miller

### Civil War History Presentation at Herscher Village Hall

On Tuesday, January 28, the Herscher Area Historical Society will be hosting a Civil War History Presentation at 7 p.m. at the Herscher Village Hall, located at 272 East Second St., Herscher.

Rod Miller is a resident of Herscher and is a Civil War historian and reenactor. Rod will present a program enti-

tled "We are coming, Father Abraham."

The program will focus on the 113th Illinois Infantry, which was recruited from Kankakee County. There will also be a display of Civil War artifacts and Living History photos.

Call Cindy at 815-716-6662 for more information or questions.

### Berkot's Super Foods Coupon

Save When Building Your Burger Dinner:

- a package of 6 half pound Berkot's Frozen Ground Chuck Patties
- a 6pk of Berkot's Bakery Kaiser Rolls
- 1/4 lb of Land O'Lakes Yellow American Cheese
- a 16oz bag of Fresh Express Cole Slaw
- a 15oz jar of Marzetti's Cole Slaw



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Void if copied. Not redeemable for cash. Coupon must be used at time of purchase. Limit one coupon per customer per visit. Expires 1/29/14

# FOR THE RECORD

**Tickets Issued by Dwight Police**  
 Jan. 10, 2014: Kevin D. Holohan, Dwight, in-state warrant.  
 Jan. 11: David D. Norman, Dwight, expired registration sticker, suspended, revoked driver's license, operate uninsured motor vehicle; Cody J. Wheaton, Albion, suspended, revoked driver's license, operate uninsured motor vehicle; Ami J. Daniels, Milford, in-state warrant.  
 Jan. 13: Kevin D. Ely, Dwight, aggravated battery.  
 Jan. 15: Jeramey T. Lowry, Dwight, domestic battery.

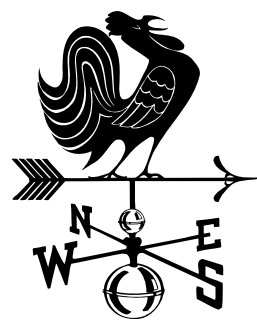
*Persons in the police report are innocent of any charges until proven guilty in a court of law.*

**9 Warnings Issued by Dwight Police**  
 Speeding (radar), 5; driver's license not on person, 1; expired registration sticker, 1; improper lighting - one headlamp, 1; muffler violations, 1.

**Accidents Investigated by Dwight Police**  
 Thursday, Jan. 9, 2014, 10:25 a.m., West Main St., Dwight - Officer Charlie Houch: A collision occurred with a 2005 Freightliner Columbia driven by Jerry L. Haggerty of Ellipsisville, IL and Lori G. Perkins' 2001 Dodge Ram and Karen R. Shinkey's 2002 Honda Civic. The Dodge and Honda were unattended. Perkins is from Essex; Shinkey is from Streator.  
 Thursday, January 9, 2014: 2:35 p.m., 12 W. Northbrook Dr., Dwight - Love's Truck Stop - Officer Charlie Houch: A collision occurred between Billy L.

Ragan's 2014 Freightliner and Samuel Palaggi's unattended 2000 Ford. Ragan is from San Marcos, California; Palaggi is from Kankakee.  
 Thursday, January 9, 2014, 8:54 p.m., 12 W. Northbrook Dr., Dwight - Officer John Hoy: A 2012 International Conv. was parked with the driver, Charles Q. Ferguson, in the sleeper. Raul S. Rencz of Chicago was backing his 2007 Volvo Conv. into a parking spot, and hit the tractor of Ferguson's unit with trailer.

**Ambulance Runs by Dwight EMS**  
 Jan. 10, 2014: 8:24 a.m., Wilmac St., medical, Morris; 12:07 p.m., Mazon Ave., fire alarm; 8:44 p.m., Mazon Ave., medical, OSF St. James.  
 Jan. 11: 8:22 a.m., Chippewa, medical, refusal; 3:51 p.m., Prairie, medical, refusal; 6:26 p.m., 3200N Road, fire.  
 Jan. 12: 6:02 a.m., John St., trauma, refusal.  
 Jan. 13: 6:53 a.m., Mazon, trauma, Morris; 8:07 a.m., Prairie, medical, Morris; 10:14 a.m., Columbia, medical, Morris; 11:27 a.m., Seminole, medical, St. James, mutual aid from Gardner.  
 Jan. 14: 1:21 p.m., South, medical, Streator; 3:24 p.m., W. Main, medical, Morris; 8:38 p.m., Clinton, medical, Morris; 9:57 p.m., S. Prairie, medical, refusal.  
 Jan. 15: 5:02 a.m., Main St., fire, mutual aid to Gardner; 5:25 a.m., Mazon Ave., trauma, Morris.  
 Jan. 16: 1:41 a.m., Mazon Ave., lift assist, refusal; Union, trauma, MCH.



### Temps - 2014

Jan. 9 - high 30°, low 10° trace snow  
 Jan. 10 - high 38°, low 30° 1" rain  
 Jan. 11 - high 36°, low 28°  
 Jan. 12 - high 40°, low 28°  
 Jan. 13 - high 45°, low 26°  
 Jan. 14 - high 34°, low 15° trace snow  
 Jan. 15 - high 26°, low 15°  
**One Year Ago - Jan. 22, 2013**  
 high 13°, low -3°

## Livingston County Sheriff's Police Bust

Livingston County Sheriff's Pro-Active Drug/Gang unit advised that on January 13, at about 6:24 p.m., an ongoing investigation led the Livingston County Pro-Active Unit to execute a search warrant at 205 E. Jeffrey St., Cullom.  
 During the investigation and search warrant, 41 grams of cannabis, multiple controlled substances, \$1086 U.S. currency, drug paraphernalia, and electronics were seized.  
 Agencies involved were Livingston County Pro-Active Unit, Livingston County Sheriff's Police Patrol, Livingston County Detective Section and the Livingston County State's Attorney's Office.  
 Tessa J. Deany (Cullom) was arrested for Delivery of Cannabis, Possession of a controlled substance and drug paraphernalia. This investigation is ongoing.



THE MOON WAS CAPTURED Saturday, January 18 by J7 Images. What a captivating, winter moon after a cold, snowy day.

## New Year's Resolution #1 - Quit Smoking

The Freedom From Smoking program follows a positive behavior change model that has proven very effective in helping people quit smoking. The program is created to help smokers develop their own quitting plan, deal with recovery symptoms, and prepare to resist the urge to smoke.  
 The Grundy County Health Department is offering this highly effective seven-session adult smoking cessation program for a fee, which includes a participant workbook and relaxation CD.  
 The Freedom From Smoking classes will begin on Tuesday, January 28, from 1 to 2:30 p.m. at the Grundy County Administration Center, located at 1320 Union Street, Morris. Those wishing to participate must pre-register at the Grundy County Health Department by January 24. Cash or check made payable to the Grundy County Health Department will be accepted. There must be a minimum of six participants to host the class; so call a friend or take a spouse.  
 Professionally trained by the American Lung Association, facilitators Cara Anderson and Paula Goodwin will be available to assist participants during the program.  
 To register, or for more information, call Cara Anderson at 815-941-3128 or Paula Goodwin at 815-941-3130, Monday through Friday, from 8 a.m. to 4 p.m.

## Diverse donor base critical for adequate blood supply

February is Black History Month, and in the spirit of Dr. Charles Drew, the first medical director of an American Red Cross blood bank, the Red Cross reminds eligible donors of the importance of a diverse blood supply.  
 Patients are less likely to have complications from blood donated by someone with the same ethnicity. Prior to transfusion, blood type and Rh factor are matched. Oftentimes additional red cell markers in donated blood must be matched as well. Such markers are determined by ethnicity and best found in a diverse donor base.  
 Donors of all types are encouraged to roll up a sleeve and help save lives. Appointments to give blood can be made by calling 1-800-RED CROSS or visiting [redcrossblood.org](http://redcrossblood.org).  
 Upcoming blood donation opportunities in *The Paper* territory:  
**Kankakee County**  
 Feb. 6 from 12-6 p.m. at American Red Cross Kankakee, 20 Heritage Drive in Bourbonnais.  
 Feb. 13 from 12-6 p.m. at American Red Cross Kankakee, 20 Heritage Drive in Bourbonnais.  
**Livingston County**  
 Feb. 3 from 12-6 p.m. at St. Paul's Lutheran Church, 320 S. Oak in Forrest.  
 Feb. 13 from 2-6 p.m. at Knights of Columbus, 108 Tremont St. in Odell.



## Norton, Essex, Salina Roads To Be Posted

Roads in Norton Township, Essex Township and Salina Township will be posted as of February 1. With the frost being as deep as it is, they expect soft roads when the thawing process begins.  
 If anyone questions traveling on a posted road, call any of the following and they will discuss alternate routes:  
 Wayne Forneris, Norton office 815-426-2272 or cell 815-685-3656; Vince Bolatto, Essex, cell 815-651-6238; or Ray VanGilder, Salina, cell 815-955-4698.

The Paper's Want Ads are a Great Marketplace!  
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## Free Food to be Distributed January 22

Free food will be distributed to qualifying households in Dwight Township today, Wednesday, January 22, at 1 p.m. at the Pioneer Gothic Church, 201 N. Franklin, Dwight  
 The pantry is provided by the Dwight Ministerial Association and Dwight Township.

## Farmers, When you need money for your Farmland, Equipment or Operations you can count on the First National Bank of Dwight.



For over 100 years we've worked hard at putting farmers first with Ag Loans. Decisions are made locally and always have been. Stop in and talk to Eric about your farm borrowing needs.

As your community bank, we treat our customers as friends and family. Just the way it should be, since 1906.

Our Farm Department is available to help with the management of your farm. Talk to Randy about your farm management needs.

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**THAT 50'S PLACE**

**Weekly Specials** Wed., Jan. 22- Tues., Jan 28

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**Crispy Chicken Romano**  
 Breaded Chicken Medallions, saute' ed in a Lemon Parmesan Butter sauce, served with a vegetable blend, baked potato, salad bar and dinner roll

**Garlic Lemon Shrimp**  
 Eight large shrimp saute' ed in a garlic lemon butter, served with wild rice, steamed broccoli, salad bar and dinner roll

**Bacon Wrapped Pork Chops**  
 Twin Bacon wrapped Pork chops, served with our steamed vegetable blend, baked potato, salad bar and dinner roll

**Top Sirloin Steak with Butterflied Shrimp**  
 Top Quality 8 ounce steak char broiled to your liking, served with our steamed vegetable blend, baked potato, salad bar and dinner roll

**Margarita Pizza**  
 Any 10"-14"-16" Pizza topped with Extra Virgin Olive Oil, Fresh Mozzarella, Fresh Vine ripened Roma tomatoes with Fresh Basil

I-55 & Route 17 Dwight  
 (Just off Old Route 66)  
**815-584-1065**

### Use "Tax Diversification" to Help Manage Retirement Income

You need to save and invest as much as possible to pay for the retirement lifestyle you've envisioned. But your retirement income also depends, to a certain degree, on how your retirement funds are taxed. And that's why you may be interested in tax diversification.

To understand the concept of tax diversification, you'll need to be familiar with how two of the most important retirement-savings vehicles — an IRA and a 401(k) — are taxed. Essentially, these accounts can be classified as either "traditional" or "Roth."

When you invest in a traditional IRA or 401(k), your contributions may be tax-deductible and your earnings can grow tax deferred. With a Roth IRA or 401(k), your contributions are not deductible, but your distributions can potentially be tax-free, provided you meet certain conditions. (Keep in mind, though, that to contribute to a Roth IRA, you can't exceed designated income limits. Also, not all employers offer the Roth option for 401(k) plans.)

Of course, "tax free" sounds better than "tax deferred," so you might think that a Roth option is always going to be preferable. But that's not necessarily the case. If you think your tax bracket will be lower in retirement than when you were working, a traditional IRA or 401(k) might be a better choice, due to the cumulative tax deductions you took at a higher tax rate. But if your tax bracket will be the same, or higher, during retirement, then the value of tax-free distributions from a Roth IRA or 401(k) may outweigh the benefits of the tax deductions you'd get from a traditional IRA or 401(k).

So making the choice between "traditional" and "Roth" could be tricky. But here's the good news: You don't necessarily have to choose, at least not with your IRA. That's because you may be able to contribute to both a traditional IRA and a Roth IRA, assuming you meet the Roth's income guidelines. This allows you to benefit from both the tax deductions of the traditional IRA and the potential tax-free distributions of the Roth IRA.

And once you retire, this "tax diversification" can be especially valuable. Why? Because when you have money in different types of accounts, you gain flexibility in how you structure your withdrawals — and this flexibility can help you potentially increase the amount of your after-tax disposable income. If you have a variety of accounts, with different tax treatments, you could decide to first make your required withdrawals (from a traditional IRA and 401(k) or other employer-sponsored plan), followed, in order, by withdrawals from your taxable investment accounts, your tax-deferred accounts and, finally, your tax-free accounts. Keep in mind, though, that you may need to vary your actual sequence of withdrawals from year to year, depending on your tax situation. For example, it might make sense to change the order of withdrawals, or take withdrawals from multiple accounts, to help reduce taxes and avoid moving into a different tax bracket.

Clearly, tax diversification can be beneficial. So after consulting with your tax and financial advisors, consider ways of allocating your retirement plan contributions to provide the flexibility you need to maximize your income during your retirement years.

Edward Jones, its employees and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

## Village of Dwight Non-Home Rule Sales Tax Referendum Questions and Answers

In December 2013, the Dwight Village Board of Trustees approved a recommendation to place a referendum on the ballot during the March 2014 Primary Election asking area voters to increase local sales tax which would be used strictly for infrastructure repairs. Following are questions/answers regarding the Non-Home Rule Sales Tax Referendum.

### What is Non-Home Rule Sales Tax?

A Non-Home Rule Municipality (community with less than 25,000 people) may impose an additional sales tax up to 1% for capital improvement projects.

### When is the referendum question being asked?

The Non-Home Rule Sales Tax Referendum Question will appear on the ballot during the Primary Election of March 18, 2014.

### Why is the Village asking for an increase in the retail sales tax?

The Village Board began looking at the Sales Tax Referendum as an option to create a dedicated source of additional revenue to improve infrastructure: roads, water and sewer lines.

### What is the Village asking for?

The Village is asking for a one half of one percent (0.5%), a half-cent, increase in non-home rule sales tax.

### When would the tax increase take effect?

January 1, 2015

### How much will the tax be if the referendum is approved?

With the one-half of one percent increase, the sales tax rate in the Livingston County portion of Dwight will be 7.75% and 6.75% in the Grundy County portion of the Village.

### How much money will it raise?

At today's sales tax numbers, the one-half of one percent increase would generate approximately \$300,000 additional dollars for the Village to repair and repave roads in Dwight, and replace water and sewer lines in the Village.

### What will the additional money be used for?

All revenues received as a result of the Non-Home Rule Sales Tax Referendum will be used for infrastructure-related projects in accordance with State of Illinois' statute. An accelerated street resurfacing and reconstruction program is where the money would be spent initially.

### Can the Village move the funds into other funds instead of using it to improve roads and other infrastructure?

Because the Village Board wanted to clarify to everyone how they would utilize the funds if approved they adopted Ordinance # 1341 which states they will use the funds for expenditure on public infrastructure.

### Will a Sales Tax Increase affect everything

### I buy?

No. The Non-Home Rule Tax increase applies only to non-titled or non-registered tangible personal property. It does not apply to the sale of qualifying food, drug, and medical appliances (for example food purchased at the grocery store or prescription and non-prescription drugs) and vehicles.

### How will the increase affect my shopping bill?

In the Livingston County portion of Dwight, a shopper purchasing \$10 dollars' worth of goods would see the retail sales tax rise from \$0.72 1/2 to \$0.77 1/2. In the Grundy County portion of Dwight, (at Rt. 47 and I-55, in the Love's, McDonald's, BP/Burger King area) the tax on \$10 worth of goods would rise from Sixty-two and 1/2 cents to Sixty-seven and 1/2 cents.

### Will the Village's businesses be negatively affected by the Non-Home Rule Sales Tax?

Since the 0.5% increase is a modest one, it is not expected to deter Dwight residents or visitors from shopping Dwight first. It is estimated that visitors make up approximately 60-65% of the shoppers in Dwight.

### What will happen if the referendum fails to pass?

Without the additional revenue, road capital improvement projects will remain as it currently is, with projects being done as money is available.

## Benefit Planned for 19-month-old who has Heart Disease



Myla Grace

While a benefit is being planned for the middle of February, Myla Grace, daughter of Jeff and Heather Kramer, has undergone surgeries and will receive a pacemaker next week.

Donations to help the family may be given at any Standard Bank, or donations in Myla's honor may be given to OSF Cardiac Care Center in Peoria.

Myla Grace was diagnosed with congenital heart disease when her mother was 28 weeks pregnant, and she was monitored in Peoria before her June 27, 2012 birth. The brown hair, blue eyed baby weighed seven pounds, seven ounces and was 20 inches at birth.

She was just shy of two weeks old when her first surgery was performed. Then

on January 9 of 2014 Myla a pacemaker scheduled to be had open heart surgery, with installed next week.

### Gardner Fire Protection District Weekly Calls

Mon., Jan. 13, 2014: Medical, mutual aid to Dwight EMS, W. Seminole; medical, Route 53.

Wed., Jan. 15: Fire, E. Main; fire, mutual aid to Coal City, E. 1st St.

Thurs., Jan. 16: CO alarm, N. Monroe, refusal.

Fri., Jan. 17: CO alarm, S. Grundy; fire, disregarded en route, Pert Road.

Sun., Jan. 19: MVC, mutual aid to Dwight EMS, I-55 mm216.

We do it for You.

### FRIDAY'S SURF & TURF SPECIALS

- 9 OZ. RIBEYE \$11.95  
Tasty, hand cut to perfection Choice Ribeye
- 2 AMERICAN CUT PORK CHOPS \$10.95  
Boneless, top loin lean chops topped with saute'd apples and cinnamon.
- BEER BATTERED COD \$9.95  
You'll fall hook, line and sinker for our own beer battered recipe.
- SHRIMP SCAMPI \$9.95  
It's delicious - Shrimp saute'd in olive oil with a perfect balance of garlic, onion, and white wine.

- Something Special in Casual Dining -



210 Waupansie St., Odell • 815-998-2383

## Dwight High School to Move to Traditional Schedule -- -- -- New Course Offerings Considered

(continued from page 1) details regarding lane movement on the salary schedule.

• approved recommendations regarding the status of closed session meeting minutes from April 17, 2013

through November 20, 2013.

• heard a presentation from teacher Kathy Patten regarding a 3-D printer the school has acquired and its

capabilities.

The next meeting of the DTHS Board of Education will be Wednesday, February 19, at 7 p.m. in the high school board room. Meetings are open to the public.



THE LIVINGSTON COUNTY HABITAT FOR HUMANITY broke ground at the location of their newest home. The new home location is 114 W. Chippewa Street, Dwight. This is the 15th home constructed by the Livingston County chapter of the non-profit organization, Habitat for Humanity. Pictured from left to right: Jared Anderson, Mayor of Dwight; Marcus Voigts, Board Member; Jane Hotelling, New Home Owner; Larry McWilliams, Construction Manager; Gary Huston, President, Liv. Co. Habitat for Humanity; Randall Farris, Board Member. Habitat for Humanity partners with families and the communities in which they live to build safe and affordable housing. Volunteers are important to their success. If you would like to participate or want more information, please call Debbie Blossom @ 815-878-5946.

Go For It - Advertise in *The Paper*... Success is Fun. 815-584-1901

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 A HILARIOUS ROMANTIC COMEDY!  
  
 Thursday to Saturday evening & Sunday brunch thru March 2!  
 309-965-2545  
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Dr. Syed Ahmed and Nurse Kathy Wexelberg welcome Dr. M. Tarek Alahdab!

# Expert Heart Care

Dr. Syed Ahmed is pleased to introduce his new partner, Dr. M. Tarek Alahdab, an experienced interventional cardiologist whose background includes:

- Four years experience as a practicing cardiologist in the Chicago area.
- A three year fellowship in general cardiology at John H. Stroger Cook County Hospital
- A one year fellowship in interventional cardiology and vascular intervention at Brown University, The Miriam Hospital, Providence, Rhode Island.
- Board certified in internal medicine, nuclear cardiology, echocardiography, cardiovascular disease and interventional cardiology.



Welcome, Dr. M. Tarek Alahdab!

From routine concerns to complex heart conditions, patients can see Dr. Ahmed and Dr. Alahdab for:

- Prevention, diagnosis and treatment of heart and vascular disease
- Blood pressure management
- Heart failure
- Acute venous disease
- Circulation problems of the lower extremity
- Cholesterol management

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151 W. High Street, Morris  
 (across from Morris Hospital)  
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 (Morris Hospital Ridge Campus)

To schedule an appointment, call 815-705-1000.

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Auto-Owners Insurance





# Senior Living



Read *The Paper* every week!

## Retirement Readiness Checklist for Savers

Today, four out of five Americans are optimistic about their financial future, and of those who own retirement products, 97 percent agree that it feels good to know they are saving, according to a recent Lincoln Financial Group M.O.O.D. of America Study.

“One of the easiest ways people have to save for retirement is through their employer-sponsored retirement plan, like a 401(k) or 403(b) plan,” says Chuck Cornelio, president of Retirement Plan Services for Lincoln Financial Group.

“It is critical that people receive the motivation and support they need to help them get on track and stay on track with their retirement savings goals.”

Here are some simple ways to help you with retirement readiness:

- Sign up for a savings plan at work: If you're not enrolled in your plan, enroll today. Participation in an employer-sponsored retirement plan can help reduce your taxable income while building your savings. Contact your benefits adminis-

trator or human resources department with questions on how to get started. Enrollment can be the first step toward considering your own retirement savings goals and setting yourself up for a greater chance at success.

- Resist the temptation to borrow: We all know that things come up and that in the middle of an unexpected event, you may be tempted to borrow against your retirement plan savings. This is especially true during a down market. Resist the temptation. When you borrow against your plan, you may miss out on potential market gains.

- Save more as you make more: There are probably times in your life when you may receive extra cash from a tax refund, a bonus, a salary increase or some other pleasant surprise. Consider increasing your contribution every year if it's possible and saving any extras.

When you hit the maximum contribution level in your plan, a financial professional can help you find the right place to put additional

savings.

- Save at least up to the company match: Many employers will match your contributions up to a certain percentage. Take advantage of these offers. Talk with your benefits administrator to learn more about what's available in your plan. When you don't take full advantage of a company match, you're leaving money on the table.

- Review investments with a financial professional: Schedule a retirement plan check-up at least once a year to assess where you stand against your personal retirement savings goals. It can help you stay on track and identify any changes that need to be made in order to achieve your savings goals.

“When it comes to saving for your retirement, don't hesitate,” says Cornelio. “The sooner you start saving your money in an employer-sponsored plan or other retirement account, the better.”

For more tips and retirement resources, visit [www.lincolffinancial.com](http://www.lincolffinancial.com).

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### Celtic Nights

Thursday, February 20<sup>th</sup> • Bloomington Center for the Performing Arts

We'll first enjoy dinner at Michael's Restaurant and then we'll enjoy some Irish entertainment. Direct from Ireland, *Celtic Nights* presents a stirring tale of Celtic origin showcasing a spell-binding and exhilarating picture of their people and their passion through the power and majesty of their music and hypnotic fury of dancing Irish feet. This broad and colorful tapestry of Celtic music highlights their driving passion for music and dance.  
*(\$92 Includes Meal, Show & Transportation)*

### The Fantasticks

Sunday, March 9<sup>th</sup> • Rialto Square Theatre • Joliet, IL

Our first stop will be for lunch at Maria's Restaurant in Morris. Then we'll head to the Rialto Square Theatre to see one of the longest running musicals in history! A simple romantic comedy about a boy, a girl, their meddling fathers and the wall that divides them, *The Fantasticks* is crafted with charming simplicity, captivating music and whimsy. This timeless tale will ignite your imagination, delight your senses and leave you completely fulfilled. Whether you are revisiting this beloved musical or seeing it for the first time, it guarantees entertainment!  
*(\$90 Includes Meal, Show & Transportation)*

### Blue Man Group

Wednesday, April 9<sup>th</sup> • Peoria Civic Center • Peoria, IL

We'll first enjoy dinner at Fairview Farms Restaurant and then we'll sit back and experience the phenomenon. *Blue Man Group* is best known for their wildly popular theatrical shows and concerts which combine comedy, music and technology to produce a totally unique form of entertainment. Although it's impossible to describe, people of all ages agree the *Blue Man Group* is an intensely exciting and wildly outrageous show that leaves the entire audience in a blissful, euphoric state. This unique experience is a form of entertainment like nothing else and is guaranteed to be an outing you'll never forget!  
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# Senior Living



## New Health Findings Can Help Combat Common Ailments

From high blood pressure to cancer, serious ailments often strike, despite our best efforts to maintain good health.

With the rapid pace of medical advancements and treatment options emerging, conventional medical wisdom can sometimes lag behind innovations in disease management. Furthermore, there's often little attention paid to nutrition's role in health conditions.

"Our healthcare system is a disease model, not a prevention model, and reimbursement is based upon sickness, not wellness. We need to better integrate all facets of care," says Dr. Steven V. Joyal, chief medical officer with Life Extension, Inc., an organization dedicated to increasing the functional human lifespan.

It's this thinking that spurred the creation of Life Extension's 2014 edition of the Disease Prevention and Treatment Book, which seeks to fill those gaps. From cancer to multiple sclerosis, the book offers 1400 pages of information on integrating pharmaceutical treatment options, nutritional support and lifestyle changes for optimal health. For example:

### High Blood Pressure

A major risk factor for heart disease, stroke, congestive heart failure and kidney disease, high blood pressure threatens the life of every third American adult.

Intensive lifestyle changes can ease blood pressure management. When this isn't enough, pharmaceutical options can help. For example, blood pressure is best controlled with lower doses of multiple antihypertensive medications rather than a single large dose of medication. Furthermore, side effects can be greatly reduced.

"Many patients are lulled into a false sense of security by normal blood pressure readings at their periodic doctor's visits. But quite frequently, patients experience gaps in control, putting them at risk for stroke and heart attack," says Joyal.

Joyal recommends considering the following:

- With an inexpensive at-

home blood pressure monitor, take readings at multiple times throughout the day, tracking values over time. Your doctor can determine whether to modify your treatment regimen based upon the results.

- **Stay fit and exercise.** A healthy body weight and high degree of cardiorespiratory fitness reduce hypertension risk, and if you already have high blood pressure, can help you achieve better control.

- **Hold the salt.** High sodium intake can make high blood pressure worse. Read labels. Even if you aren't reaching for salt, many pre-packaged convenience foods, meats and cheeses contain significant amounts of sodium.

- **Get plenty of beneficial nutrients,** especially potassium and magnesium, which are important for vascular health.

### Rheumatoid Arthritis

Rheumatoid arthritis could pose more than just a risk to comfort. Systemic inflammation hastens the onset of other age-related

diseases, including cardiovascular disease.

"For optimal longevity, we need to integrate lifestyle changes with pharmaceutical treatments, rather than blindly assume that all a patient needs is more medication," says Joyal.

In addition to doctor-prescribed treatments, Life Extension researchers have scoured medical literature, finding several nutrients help support health in rheumatoid arthritis patients:

- Fish oil
- Krill oil blend
- Gamma linolenic acid
- Vitamin D
- Vitamin B6
- Green tea extract
- Quercetin
- Folate

More information about integrating lifestyle changes into treatment plans for various medical challenges can be found at [www.LifeExtension.com/dpt](http://www.LifeExtension.com/dpt).

By taking advantage of new findings in medicine and science, optimal health may be better achieved.

News - Ads - Coverage! *The Paper* 815-584-1901

## Help For Heartburn

by Tresa Erickson

The older you get, the more heartburn you seem to experience.

Many acidic and high-fat foods irritate the stomach lining and reduce pressure in the lower sphincter muscle, compromising its ability to stop stomach acids from splashing back up into the esophagus and causing heartburn.

Spicy and fried foods are known for causing heartburn. Specific foods that may pose a problem for you include: Buffalo wings, Brownies, Butter

cookies, Chicken nuggets, Chocolate, Coffee, Corn chips, Cottage cheese, Cranberry juice, Creamy/oily salad dressings, Doughnuts, Grapefruit juice, Ground beef, Ice cream, Lemons & lemonade, Liquor & wine, Macaroni & cheese, Marbled sirloin, Orange juice, Potato chips, Potato salad, Soda, Sour cream, Spaghetti with marinara sauce, Tea, Tomatoes.

Along with watching the foods you eat, you need to make some changes in your consumption of them. Eat slow-

ly and eat less.

You might also want to keep some safe snacks around that you can eat. Some of the foods known for neutralizing stomach acid and keeping heartburn at bay include: Avocados, Bananas, Breads & cereals, Broccoli, Carrots, Crackers, Green beans, Oatmeal, Papayas, Peas, Pineapple, Rice.

There is no surefire, quick fix for heartburn. You can, however, keep it at bay by identifying what triggers it and eating in moderation.



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# RR Donnelley Anniversaries, Retiree Recognized

## Tim Halloran to Celebrate 30 Years

Tim Halloran at RR Donnelley in Dwight will celebrate 30 years with the company on January 27.

Tim began his Donnelley career on October 3, 1983 as a Material Handler in the Pressroom. He separated from the company in January of 1984, returning in May of 1984. In January of 1985, Tim was promoted to Production Control Clerk, spending time in both the Directory and Tabloid Pressrooms.

Tim was promoted to Customer Service Representative in February of 1987 and then to Platemaker in February of 1992. He transferred to the Pontiac Plant in January of 1994 as a Customer Service Representative and was promoted to Manufacturing Supervisor in November of 1997. Tim transferred back to the Dwight Plant in October of 2003 and is currently Manufacturing Supervisor in the Dwight Pressroom.

Tim and his wife, Sarah,

reside in Dwight. They have two children, Michael and Tyler.

## Michael Ryan Retires

Michael (Mike) Ryan, Bindery Operator, retired December 30, 2013, from the Dwight Division of RR Donnelley after more than 42 years of service.

Mike began his career with RR Donnelley on April 23, 1971, as a Casual Employee. In May of 1971, he became a full-time Lay Up in the Bindery. Over the years, Mike received a series of promotions beginning with Inspector Repairer (November, 1974), Quality Inspector (September, 1975), Bindery Helper (December, 1975), Apprentice Bindery Machine Operator-Gatherer (October, 1976), and Journeyman Machine Operator - Gatherer (February, 1979).

He has been in his current position, Bindery Operator 3, since April of 1983.

Mike resides in Ransom. He plans to relax, travel and spend time with family and

friends.

## Robert DeMarse Celebrates 40 Years

Robert (Bob) DeMarse at RR Donnelley in Dwight recently celebrated 40 years with the company on January 14. Bob began his Donnelley career on May 31, 1973, as a Press Take-Away. He separated from the company in October of 1973, and returned as Press Take-Away in May of 1974. Over the following years, Bob received the following promotions: Hoist Operator (July, 1975); Apprentice Rolltender (September, 1975); Journeyman (September, 1977); Assistant Press Operator (March, 1979); Press Operator (October, 1985); Manufacturing Training Coordinator (January, 2004) and Technical Specialist II (February, 2005).

He has held his current position of Technical Specialist 3 since November of 2007.

Bob and his wife, Marcia, reside in Dwight. They have three children, Nathan, Curt

and Amy, and three grandchildren.

## Skyler Vaughn to Celebrate 30 Years

Skyler Vaughn at RR Donnelley in Dwight will celebrate 30 years with the company on January 30. Skyler began his Donnelley career on August 18, 1975 as a Material Handler in the Bindery.

He separated from the company in December of 1977, returning in October of 1984 as a Part-Time Material Handler. Skyler became a Full-Time Material Handler in August of 1988. He was promoted to Trimmer Examiner in July of 1995 and has held his current position of Material Handler 2 since November of 2007.

Skyler and his wife, Vicky, reside in Coal City. They have one daughter, Courtney.

## Financial Aid Presentation at DTHS

On Thursday, January 23, Andrew Reddington will be at the DTHS Auditorium at 6:30 p.m. Reddington is the Assistant Director of Financial Aid at Illinois Wesleyan University, and will be speaking as part of the high school's Financial Aid Presentation.

The presentation is intended to inform all college bound students and parents about the financial aid process, including any updates or changes made by the federal government. All college bound students and their parents are encouraged to attend this informative evening.



**THANKSGIVING DAY 2013** the Michael Hahn family gathered for dinner with five of the family's six generations attending. Seated, Doreen (Cobb) Ray of Seneca. Standing, l to r, her nephew, Michael Hahn Dwight, his daughter Michelle Hahn, her daughter Ashely Kelly, and her sons, Cale and Kyler, all of West Plains, Mo. Not pictured is Doreen's aunt, Mel (Cobb) Long, of Chicago Heights.

## Dwight Students On IWU Dean's List

Two Illinois Wesleyan University students whose hometown is Dwight were named to the Dean's List for the fall semester of the 2013-14 academic year.

Ryan Kaiser and Katharine Tock were among the 874 students from 26 states and 15 countries to be on the List, for which a student must have a grade-point average of 3.50 or better during the semester, based on 4.0 for straight A's.

Illinois Wesleyan is a nationally recognized, highly selective liberal arts university with curriculum and nationally-regarded professional programs designed to encourage its students to think and study broadly.

## WIU Fall Graduates

Nearly 800 students earned academic degrees after the 2013 Fall semester at Western Illinois University. Of these, more than 140 graduates' primary attendance site was the WIU-Quad Cities campus.

Bachelor's degrees were awarded to nearly 625 graduates. Academic distinction was awarded to baccalaureate graduates who achieved high grade point averages. This includes: Summa Cum Laude, 3.90 GPA or higher on a 4.0 scale; Magna Cum Laude, 3.75 to 3.89 GPA; and Cum Laude, 3.6 to 3.74 GPA.

Master's degrees were earned by more than 170 graduates. Twenty-five individuals earned post-baccalaureate certificates.

Earning degrees from Livingston County were:

Justine Ellen Olson, Bachelor of Science, Fashion Merchandising, Cornell

Bethany Joy Fisher, Bachelor of Science, Graphic Communication, Dwight

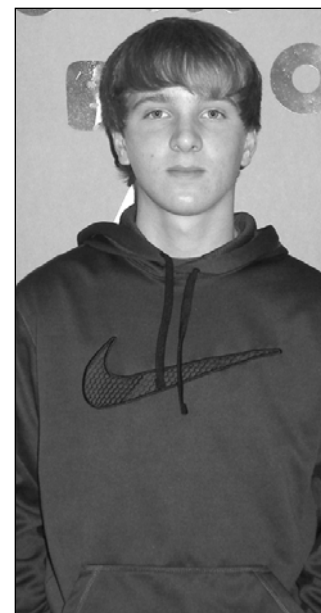
## Tri-Point FFA to Host Blood Drive Jan. 29

The Tri-Point FFA will be hosting their annual blood drive on Wednesday, January 29, in the high school gymnasium. Appointments will be available from 9:00 a.m. through 2:45 p.m. Those interested in donating may call 815-689-2110 ext. 301 or 253-6404 for an appointment. The American Red Cross will be presenting T-shirts to all donors.

Blood donors are eligible to donate if they are in good health, weigh between 110-350 pounds, and have not donated blood within the last 56 days. Donors must be 17 years of age, or 16 years with parental consent.

Many blood drives were cancelled earlier this month due to the winter weather. This has left a serious shortfall in the blood supply.

Please consider donating the "Gift of Life."



**GARDNER SOUTH** Wilmington High School is proud to announce that Seth Patterson was awarded the Grundy Area Vocational Center Director Award for December for their Automotive Program. Seth is a junior and this is his first year at GAVC. GSW High School congratulates Seth on his award.

## After 34 Years of Service to KCC Board, Van Voorst Retires

Hugh E. Van Voorst is retiring after 34 years of service to the Kankakee Community College board of trustees.

Van Voorst, a Union Hill resident, was a member of KCC's board of trustees from 1980 until 2014. During his tenure, he served as secretary from 1993-1995 and then chairman from 1995-2014.

"The current board of trustees would like to commend and publicly acknowledge Hugh Van Voorst's contributions to Kankakee Community College," said Jerald Hoekstra, vice chairman of the KCC board of trustees. "Hugh demonstrated exemplary leadership and acted in

the best interest of the college and community."

KCC President Dr. John Avendano added, "Mr. Van Voorst recognized and valued the difference that education makes for individuals and how educational attainment positively impacted the community as a whole. He interacted with the college's constituents and understood their needs and perspectives. His leadership influenced the growth of KCC in both its campus and in the number of programs and services offered."

During Van Voorst's time as chairman, KCC's Riverfront Campus added facilities,

including the completion of the Workforce Development Center, Health Careers Center for Excellence. The college also added extension centers in the region - the North Extension Center in Bradley, the South Extension Center in Watska, and the Technical Education Center in Kankakee.

"It's been a pleasure to work with my fellow board members and to be a part of this institution which has meant so much to this community," said Van Voorst.

Van Voorst plans to focus on his family. He is also owner of Van Fab in Union Hill.

## From the Gardner Archives Committee

It has been a while since you have heard from the committee, but now that the holiday season is past, they are back to work in the museum at the Gardner Village Hall.

This week, new articles and photos were added to the collection. For those Gardner residents who remember the McCarter family who lived on the corner of Elm and Jefferson St., articles and photos have been donated about Frank McCarter, who was a pilot during World War II. His collection has been added to

the Military Showcase.

Also in the Military Showcase is a large scrapbook containing letters from servicemen from the Gardner, South Wilmington and Braceville area written to Burt Parkinson, who was the editor of the Chronicle during the war. Perhaps you will find a letter from a family member.

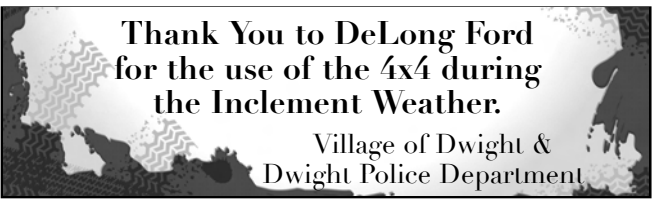
Articles were donated by GSW graduate regarding the great basketball team the high school had in 1942, along with a doll dressed as a basketball player and a cheer-

leader. The clothing was homemade and, of course, black and orange, the school colors.

The committee is still asking for pictures, newspaper articles or any articles relating to the village's past. The articles can be brought to the Village Hall. The committee does ask that if you bring in photos, please include the name of the person or persons in the photo and the year, if possible, on the back of the photo.

## Grundy County Board of Health Meeting

There will be a meeting of the Grundy County Board of Health at 6:30 p.m., Wednesday, January 22. The meeting will take place in the Grundy County Administration Center, located at 1320 Union Street, Morris.



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**Isaac Mezo, M.D.**  
Neurologist

**Dr. Mezo** received his medical degree from the University of Illinois at Chicago College of Medicine. He completed an internship, neurology residency and neurophysiology fellowship all at the University of Illinois at Chicago. He is fluent in Spanish.

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## Gardner Village Board's First 2014 Meeting

by Donald Phillips

The Gardner Village Board opened their first meeting of 2014 with a question from Gary Kociss requesting information on placing video gaming in the Laundromat.

The board responded the state law, as currently written, requires the establishment to hold a liquor license or be a truck stop based on gallons of fuel storage. Commissioner Mike Serena requested updates on the medical marijuana and concealed carry laws.

Village Attorney Scott

Belt advised there have been no changes or updates from the state on either issue since they were last discussed.

Commissioner Dick Hileman advised he will be transferring monies in accounts and CD's in the coming months to make them better available.

Commissioner Terry Jensen advised he has filed his statement of economic interest with the Grundy County Clerk's office.

Village Engineer Guy Christensen provided draft drawings for the next phase of water main replacements and advised he is 60-70 per-

cent complete on the plans. His plan is to replace up to the right-of-way of the Union Pacific Railroad and would like direction from the village regarding the mains in the easement through the grade school property. The plans should be ready to go to the EPA for permitting with bid opening before March 1.

Village Clerk Becky Pasternak presented certificates of appreciation from the Gardner Fire Protection District to the Village for their assistance during the January 5 snow storm.

## Livingston County School Facility Tax in Effect

January 13 Dwight Village Board Actions

(from page 1)  
kick off meeting, in conjunction with Business after Hours, is planned for February 18 at the Country Mansion from 5 to 7 p.m. Regular meetings have been set for the first Monday of each month at 4 p.m. in the Dwight Public Services Complex. Everyone interested is welcome to attend.

A concern was raised regarding a recent decision by the Dwight Grade School Board to allow eight acres of a grassy area in the southwest portion of the school's property to be used as farm ground. Several years ago, the annual Fourth of July fireworks display was moved from the high school athletic field to the grade school property. The loss of the eight acres of grass area

could mean the event may no longer be able to be held on the DGS property due to a requirement that firework displays be set back 700 feet from any building. The village plans to meet with school officials to discuss the situation.

In his report to the board, Dwight Chief of Police Tim Henson recognized the efforts of village road crews during the recent winter storm and thanked these village employees for a "great job." Chief Henson also acknowledged DeLong Ford for providing Dwight police with a 4-wheel drive vehicle to assist with travel needs during the latest winter storm. Henson also informed the board that Dwight Police Officer Mark

Scott is celebrating 30 years with the village and offered congratulations to Officer Scott.

The board also approved:

- a liquor license request for Cherry Red Roasters allowing on-premises liquor sales only.
- a transfer of \$70,794.55 from the Sewer Fund to the Sewer Replacement Fund for the purpose of paying principal and interest on the 1998 IEPA wastewater treatment plant loan.

The next meeting of the Dwight Village Board of Trustees will be Monday, January 27, 6:30 p.m. in the Public Services Complex. Meetings are open to the public.



BOARD MEMBERS AND SCHOLARSHIP RECIPIENTS in Rezin Orthopedics medical library: Eric Ortinau, MD, Keith Rezin, MD, Scholarship recipients Hannah Mehochko and Rachael Neuhalfen, Paul Sauer, MD and Raymond Meyer, MD.

## Rezin Orthopedics Announces Medical Scholarship Recipients

The physicians of Rezin Orthopedics and Sports Medicine are pleased to announce the winners of their Eleventh Annual Medical Scholarships. The two \$1,000 scholarships are offered every May to individuals living in the counties of DuPage, Grundy, Kankakee, Kendall, LaSalle, Livingston, Putman, or Will

who will be or are currently enrolled in any field of medicine at any university or community college.

"There was a highly impressive group of 64 applicants this year, making the selection process very difficult for the Board of Directors. It is truly encouraging every year to see so many bright, enthusiastic,

and involved people pursuing medical careers," said Robert Alaimo, Director of Marketing for Rezin Orthopedics.

This year, Rachael Neuhalfen from Morris and Hannah Mehochko from Mazon were chosen to receive the awards. They were each awarded \$1,000 to be used to help with the costs associated with their education.

Rachael Neuhalfen is a graduate of Morris Community High School and is presently enrolled at Saint Louis University School of Medicine, in St. Louis, Missouri, studying Bio-Medical Engineering and Pre-Med. She plans to pursue a medical career as a specialist physician.

Hannah Mehochko is a graduate of Seneca High School and is currently enrolled at Illinois Wesleyan University in Bloomington. She is studying Nursing and will pursue a career as a Certified Nurse Practitioner.

Applications and guidelines for the scholarships will be available after May 1, at [www.rezinortho.com](http://www.rezinortho.com). Completed applications must be received by July 30, 2014.

Rezin Orthopedics and Sports Medicine has been the area's leading provider of orthopedic care and sports medicine since 1991, with clinics in Morris, Ottawa, Joliet, and Bolingbrook. For more information on Rezin Orthopedics and Sports Medicine visit [rezinortho.com](http://rezinortho.com) or find them on Facebook.

## Village of Odell Meets; Invites All to Town Hall Meeting

The Village of Odell Board met January 13 in the Council Room for its regular meeting. Mayor Joyner presided, with proper notice having been posted.

Trustees present were: Brian Verdun, Gary Wykes, Jamie Johnson, Matt Weaver and Herman Fearman. Iris Thorne and Rich Ribordy were present along with Village Attorney Ed Legner.

Also attending were Brian Mills, Sgt. John Mitchell and Scott and Debra Caldwell.

Following the Pledge of Allegiance led by Mayor Joyner, Trustee Fearman moved to approve the minutes of the December 9 regular board meeting as printed; second by Trustee Verdun; and approved by roll call vote.

Iris Thorne reported that the treasurer, Jim Reholz, had supplied copies of a YTD Fund Summary and a MTD Treasurer's Report. Bank balances as of December 31 are as follows:

Odell checking, \$33,008.08; Odell savings \$78,601.17; Illinois Funds Gen Fund checking \$240,864.15; Illinois Funds MFT checking, \$104,756.21; General Fund CD's \$223,764.88; and Odell Tourism \$24,713.85. Trustee Johnson moved to approve the treasurer's report; second by Trustee Verdun. All approved.

Board Listing Report #759 representing all due bills for the Village for January 2014 and Board Listing Report #760 representing all due bills for Tourism for January were presented for payment approval. Mayor Joyner presented an invoice from Farnsworth for \$2,037.50 for the Clearwell Exfiltration Test and \$730.00 from Koerner for calibration services. Trustee Weaver moved to approve and pay all bills listed; second by Trustee Verdun. All approved by roll call vote.

Sgt. John Mitchell reported that according to the December 2013 Police

Activity Report there were 14 calls; one warning; and no citations issued during December. Sgt. Mitchell noted he would attend the February meeting at a later time during the evening.

Brian Mills, representing the Ambulance Committee, updated the board on the Proposed Tax Referendum. The Ambulance Committee is asking for volunteers to help educate the community and donations to defray the cost of posters, postage, education material, etc. He also advised the next committee meeting is January 23 at 7:30 p.m. in the Odell Fire Station.

A Town Hall meeting is planned for Tuesday, January 28, at 7 p.m. in the Odell Fire Station.

Johnson moved that the Village donate \$1,000 to the Ambulance Service; second by Fearman. All approved.

Ed Legner stated that he has been in contact with Allied Waste regarding its contract, and Allied is working to clear up issues on the contract. The contract was tabled until next month.

Mayor Joyner informed the board that since Village Attorney Legner represents Graymont Bank Trust Department there is a conflict of interest and that the Village will need to seek independent counsel for the subdivision petition that was referred to by the Planning Commission last month.

Mayor Joyner recommended Attorney Irvin Masching. Fearman moved to approve Masching as independent counsel to represent the Village in the subdivision request; Johnson seconded and all approved.

Rich Ribordy presented his research on a new meter system for the Village. He went over all the features of the newest mechanical meter versus the newest electronic meter. The board discussed at length which meter would be financially, economically and beneficially feasible for Odell.

Weaver moved to purchase the initial software system with the add-on of the \$300 visual reader display touch pad and a number of meters, not to exceed \$20,000; second by Wykes. Approving the purchase were Verdun, Wykes, Weaver and Fearman; Johnson dissented.

The Village has received the final draft of the Inter-governmental Agreement with the State of Illinois for the Route 66 Trails Grant. Fearman moved to approve the Agreement; second by Johnson. All approved.

Attorney Legner advised that the closeout date for the Grant the Village received to complete the Clearwell is June 30, 2014. He advised having the grant administrator, Paul Brown, apply for an extension of that closeout date to June 30, 2016. Johnson moved to extend the Grant closeout date to 2016; second by Brian Verdun. All approved.

The clearwell litigation discussion was moved to executive session at 8:56 p.m., exiting at 9:16 p.m.

Under new business, the Mayor stated the Livingston County Board is asking for the Village's support in the form of a letter for a Brownfield Grant Application. Trustee Johnson moved that Odell offer its support in the form of a letter, not naming anything specific, but add some sentences to the letter indicating that the Board may potentially have some issues; second by Weaver. All members of the board approved.

Gary Wykes told the board that he is donating to the Village a book of 100 years of the history (1862-1962) of the Congregational Church; a book of recollections of John McWilliams, who started the first bank in Odell; a journal written by Maude Wykes Bradshaw of Odell history; and a framed certificate of the appointment of Otis Wykes as Police Magistrate in 1959.

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# SPORTS



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## DTHS LADY TROJANS BASKETBALL

**Saturday, January 4  
Dwight vs. Coal City  
Freshmen -**

The freshmen Lady Trojans returned to action versus conference rival Coal City and lost a tough one.

"The ladies played tough defense the entire game and did a great job on the boards," Coach Black stated. "We had a tough time shooting the ball after the Christmas lay-off."

Maggie McCoy had six points to lead Dwight. Paige Fieldman had two points. Daly Galloway and Sydney Christensen each made a free throw.

**Monday, January 13  
Dwight vs. Westmont  
JV -**

The JV Lady Trojans defeated Westmont, 26-19, on January 13, led by a tough Dwight defense.

Scoring for the Lady Trojans were Taylor Richie and Daly Galloway with ten points each, leading the team. Mary Wiemken had three points. Sam Carlson added two points. Sydney Christensen hit a free throw.

The win moves Dwight's record to 4-8 overall and 2-6 in the conference.

**Varsity -**

Westmont beat Dwight's varsity girls, 43-37, in 1-8 action. The Lady Trojans' poor shooting was their downfall, as they shot 13 of 67.

Alyson Wiemken led Dwight with 16 points, 11 rebounds and two steals. Rachel Dawson chipped in 12 points and 11 boards. Hannah Trainor added five points. Brooke Bossert put in four.

The loss puts Dwight at 4-12 overall and 1-7 in the conference.

**Tuesday, January 14  
Dwight vs. Pontiac**

**Freshmen -**

Daly Galloway's 16 points and 11-11 shooting from the charity stripe was not enough to help Dwight get past Pontiac, as they lost, 44-31, on January 14.

"We shot the ball a lot better and I thought we did a great job rebounding the basketball for most of the game," Coach Black said afterwards. "I think we improved tonight as a basketball team and I am very happy with the effort the girls played with."

Adding to the offense was Sydney Christensen with five points. Maggie McCoy had four. Sam Carlson and Paige Fieldman each scored two. McKenzie Zeedyk and Maddie Erickson each made a free throw.

**Thursday, January 16  
Dwight vs. Reed-Custer**

**JV -**

The JV Lady Trojans defeated Reed-Custer, 32-23, led by a ferocious Dwight defense that held the

Comets scoreless in the first quarter.

Leading the way for the D-Town offense was Sydney Christensen with 11 points. Mary Wiemken added eight points. Daly Galloway put in four points. Samantha Carlson had three. Molly Rodosky, Taylor Richie and Becky Ruder each chipped in two points.

Dwight moves to 5-8 overall and 3-6 in the conference. They were in action against Momence on Tuesday.

**Varsity -**

Dwight's varsity girls were beaten by Reed-Custer, 59-47, in round one action of the Interstate 8 Conference Tournament in Braidwood.

Alyson Wiemken led the way for the Lady Trojans with 17 points and seven rebounds. Rachel Dawson added ten points and six boards. Libby Beyer chipped in seven points. Savannah Baldauf scored five

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**2014 GSW Youth Baseball/Softball Sign Up**  
Sunday, February 2 // 10 a.m. - 12:00 p.m.  
at the Gardner Grade School Cafeteria  
Deadline for sign-ups is February 10  
FEES: Pony Baseball - \$130  
Bronco, Mustang, Pinto, Shetland Baseball - \$55  
Softball - \$50 for 1st child, \$45 for additional sibling  
Fund-raiser, Raffle Tickets and Volunteer Fees will also be collected.  
If anyone has old gloves, spikes, equipment, etc. they would like to donate, please drop off at the Gardner Grade School.

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8635  
**13 BUICK LACROSSE CXL SEDAN**  
CRYSTAL RED MET/TITANIUM  
LEATHER  
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Lynn Discount\* \$5,345\*  
Lynn Price\*\* \$32,550\*\*

8610  
**13 BUICK REGAL SEDAN**  
QUICKSILVER MET/EBONY  
LTHR W/PIANO BLACK  
MSRP \$29,910  
Lynn Discount\* \$5,361\*  
Lynn Price\*\* \$24,549\*\*

8677  
**13 BUICK REGAL TURBO SEDAN**  
BLACK ONYX/JET BLACK  
PERFORATED LTHR  
MSRP \$33,530  
Lynn Discount\* \$5,764\*  
Lynn Price\*\* \$27,766\*\*

8688  
**13 BUICK REGAL TURBO SEDAN**  
SMOKY GRAY MET/JET BLACK  
PERFORATED LTHR  
MSRP \$32,530  
Lynn Discount\* \$5,614\*  
Lynn Price\*\* \$26,916\*\*

8689  
**13 BUICK REGAL TURBO SEDAN**  
CRYSTAL RED MET/JET BLACK  
PERFORATED LTHR  
MSRP \$33,025  
Lynn Discount\* \$5,688\*  
Lynn Price\*\* \$27,337\*\*

8758  
**13 BUICK VERANO SEDAN**  
CRYSTAL RED MET/EBONY  
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Lynn Price\*\* \$18,769\*\*

8757  
**13 CHEVROLET MALIBU SEDAN**  
CRYSTAL RED/JET BLACK  
PREM CLOTH  
MSRP \$27,305  
Lynn Discount\* \$5,940\*  
Lynn Price\*\* \$21,365\*\*

8779  
**13 CHEVROLET MALIBU SEDAN**  
SUMMIT WHITE/JET BLACK  
PREM CLOTH  
MSRP \$26,875  
Lynn Discount\* \$5,609\*  
Lynn Price\*\* \$21,266\*\*

8749  
**13 CHEVROLET SONIC LT SEDAN**  
CRYSTAL RED/JET BLACK/  
DK TITANIUM  
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Lynn Discount\* \$3,136\*  
Lynn Price\*\* \$15,344\*\*

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8505  
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Lynn Price\*\* \$35,559\*\*

8740  
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Lynn Price\*\* \$50,990\*\*

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**GSW LADY PANTHERS BASKETBALL**

**Monday, January 13**  
GSW vs. Beecher  
Varsity -

The Lady Panthers fell to Beecher, 57-45, on January 13.

Maranda Residori led the way with 15 points for GSW. Emily Foley had 14. Ally Matthews added five.

GSW is now 5-12 overall and 4-2 in conference play.

**Thursday, January 16**  
GSW vs. Grant Park  
Varsity -

The Lady Panthers defeated Grant Park by a score of 50-43 on January 16.

Maranda Residori led the way with 17 points. Lexi Posing and Jenni Price each put in eight points. Breann Fisher pulled down eight rebounds.

GSW improves to 6-12 overall and 5-2 in the conference. They squared off against Illinois Lutheran on Monday night.



**As of January 17**  
IA Wrestling State Ranking....

**Brandon Allen** 170 lbs. 10th  
**Anthony Bauer** 195 lbs. 4th



**SPORTS Week at a Glance**

WHAT	DATE	OPPONENT	PLACE	TIME
Dwight Boys Varsity	January 24, 25, 28, 30	I-8 Conf Tourney	Coal City	TBA
Dwight Boys JV	January 24	I-8 Play-in Game	TBA	5:30 p.m.
	January 28	Seneca	Seneca	6:45 p.m.
Dwight Boys Freshman	January 28	Seneca	Seneca	5:30 p.m.
Dwight Girls Varsity	January 22	I-8 Conf. Tourney	Reed-Custer	TBA
	January 27	Streator	Dwight	7:00 p.m.
Dwight Girls JV	January 27	Streator	Dwight	5:30 p.m.
Dwight Girls Freshman	January 25 & 27	I-8 Conf. Tourney	Manteno	TBA
Tri Point Boys JV & Varsity	January 24	Illinois Lutheran	IL Lutheran	5:45 p.m.
	January 28	Donovan	Tri-Point	5:45 p.m.
Tri-Point Boys JV	January 25	Clifton Central Tourney	Clifton Central	TBA
	January 27	Christ Lutheran	Buckley	7:15
Tri-Point Girls Varsity	January 23	Grant Park	Tri-Point	7:15 p.m.
Tri-Point Girls JV	January 23	Grant Park	Tri-Point	5:45 p.m.
	January 27	Christ Lutheran	Buckley	5:45 p.m.
Gardner Boys Varsity	January 24	Beecher	Gardner	7:15 p.m.
	January 27	Iroquois West	Iroquois West	7:15 p.m.
	January 28	Grant Park	Gardner	7:15 p.m.
Gardner Boys JV	January 22	Beecher	Beecher	5:45 p.m.
	January 25	Donovan	Gardner	5:45 p.m.
	January 26 & 28	Clifton Central Tourney	Clifton Central	TBA
Gardner Girls JV & Varsity	January 25	Reed Custer	Gardner	9:00 a.m.
	January 27	St. Anne	St. Anne	5:45 p.m.
Dwight Boys Wrestling	January 23	Sandwich & Lisle	Wilmington	5:30 p.m.
	January 25	I-8 Conference - Varsity	Sandwich	9:00 a.m.
	January 28	Seneca & Streator	Dwight	5:30 p.m.
Dwight Scho-Bowl	January 23	Lisle	Lisle	4:30 p.m.
	January 25	Porta Tourney (varsity only)	Winnebago	8:00 a.m.

**The Magic Wand of Bachand**  
Week 19 Paper Bowl XII

Dwight's John Bachand has claimed our second to last Paper Bowl prize of the season. He nailed down a solid 12-2 record in week 19, and he has been handed a \$100 Paper Bowl gift certificate. The final Paper Bowl entries of the year have been collected and are currently being graded. It has been a fabulous season of winning. We thank our sponsors for allowing us to play our games with you. We thank our swamis for their participation. They have spent countless hours of prognosticating and delivering their picks to our sponsors. Let's do it again sometime. One hundred and fifty-nine entries were counted in week 19. Eleven swamis finished



the week with 11-3 scores. They were Dwight's Gary Thorson, Rebecca Zappa, Derek Piper, Mark German (2X), Glenda German and Chad Horrie, Gardner's Tracy Horrie, Buckingham's Jerome Schneider, Herscher's Tony Webster and Plano's Jason Bendig. Twenty-four entries finished 10-4; 21 were 9-5; 31 scored 806 marks and the remaining entries were .500 or below.

The winning isn't over just yet. Once again *The Paper* will play The Big Paper Bowl. The prizes are adding up as we speak for our grand finale. Keep your eyes fixed on next week's *The Paper* for all the juicy information.

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**TRI-POINT NATIONAL HONOR SOCIETY** held a toy drive in December. A total of 196 toys were collected and donated to a local Christmas Give Away for families in the Tri-Point community.

## Tri-Point National Honor Society Spaghetti Supper

The Tri-Point National Honor Society will be hosting a spaghetti supper on Friday, January 31, at the high school in Cullom. Serving times are from 4:30 p.m. to 6:30 p.m., and carry outs are available.

The menu includes spaghetti, green beans, garlic bread, dessert, and drink. Meal tickets can be purchased prior to the supper for a discounted price (children four and under free) by contacting Alison Buckley at 815-689-2110 ext. 302. NHS will also sell tickets at the high school boys' basket-

ball game on Tuesday, January 21, and at the girls' basketball game on Thursday, January 23. Ticket sales at the door will be more.

The high school boys' basketball game will begin at 5:45 pm against Grant Park, and the pre-school through fifth grade cheer camp participants will be performing at various times throughout the night as well.

For additional information about upcoming NHS events, please check the National Honor Society page on the Tri-Point website at [www.tripointschools.org](http://www.tripointschools.org).

### Petitions at The Paper

## Come In and Sign Up

by Tom Tock

Three-hundred-thousand signatures are necessary to place an initiative on the November 2014 ballot in Illinois which will provide voters a direct voice in the way the boundaries of their election districts are determined.

Presently, the majority party -- be it Democratic, Republican, or Independent -- has the right to determine those boundaries, which means the majority party can outline districts in a manner that will help to insure the election of its candidates.

This is known as "gerrymandering", and it's unfair. The politicians in power

have fun with it every ten years following the census.

Concerned citizens of Illinois are working to eliminate gerrymandering by placing a referendum on the November ballot... a referendum that would support the formation of an independent redistricting commission... one that would not be controlled by any political party.

Petitions to place such a referendum on the November ballot are available for voters' signatures in the office at *The Paper*. The 300,000 signatures must be filed by May 4.

Voters are invited to come in and sign up.

## News and Notes from Gardner Lions

The Gardner Lions met January 14 at the Gardner Restaurant with 10 members and one guest in attendance. Special guest for the evening was District 1K Governor, John Pajkos of the Leland Lions Club. He distributed his personal Lion pin to the club officers, and spoke on the combining of districts within the organization. He spoke about the 44th Annual 1K Convention to be held March 28 and 29.

Beginning July 2014 the Gardner Club will no longer be in District 1K, it will belong to District 1BK. District 1K Lionspalooza Draw Down will be held February 22 with the Marseilles Lions as host. The state convention will be held in Lisle in May.

The club received Thank you notes from Diamond/Coal City officials for the club's donation of time and money to the tornado relief, from the Church of Hope Food Pantry for a monetary donation, and from the American Diabetes Foundation for a monetary donation.

The club will be offering scholarships to graduating G.S.W. seniors. The criteria will be given to the guidance counselor.

The club will sponsor a race at the St. Lawrence Night at the Races to be held April 5.

Plans were made for the February 9 Pancake Breakfast. The Club will be purchasing a microwave oven and iron skillets to be donated to the American Legion. The South Wilmington Grade School Student Council will be helping to serve the February 9 breakfast.

The next regular meeting will be February 11 at the Gardner Restaurant at 6 p.m. Board meeting is at 5:45 p.m. The club is in need of new members and membership is open to all in the area.

Anita's started offering a Taco Tuesday night special just before the building lost its roof in May of 2013. After a complete floor-to-ceiling remodel, the bar reopened in November and the Taco Tuesdays were the highlight of the week. It was at this week's Taco Tuesday that the residents of Chatsworth (and Piper City, Cullom and Fairbury to name a few) honored Anita with a plethora of gifts and good wishes. "I didn't know I had so many good friends and neighbors!" Fredericks remarked. "These people were here for me when I had nothing. I just want to thank everyone from the bottom of my heart for all they did." It is hard to ignore a small town with so much heart. But it is easy to see when so many people became one to stand by one of their own.

Mare Reardanz  
[chatscor@gmail.com](mailto:chatscor@gmail.com)

## Essex Lions Pancake Breakfast

The Essex Lions Pancake Breakfast is set for Sunday, January 26, from 7 a.m. to noon.

They will be serving pancakes, french toast, hash-browns, bacon, sausage, eggs (any way you like), toast, OJ, milk and coffee. In addition to their regular

menu, they will also be serving biscuits and gravy.

A fee applies, with a discount offered for children 12 and under. The Lions Hall is always for rent. Call 815-365-2823 for more information. The Essex Lions Hall is located at 217 Parls Street, Essex.

## Cullom Library Elects Officers

The Cullom Library has elected officers, with Sandy Gunther president; Mike Gernentz vice president; Denise Hall secretary; and Meri Knapp treasurer.

New books in the library include: "Silencing Eve" by Iris Johansen; "Janet Evanovich Takedown Twenty"; and "Dark Witch" by Nora

Roberts.

For young adults: "Vampire Kisses Series 1-9"; "Home for Peculiar Children" by Ransom Riggs; "Maze Runner Trilogy" by James Dashner; and Broken Symmetry" by Dan Rix.

*"Books are the doors to discovery"*

News - Ads - Coverage! *The Paper* 815-584-1901

## OBITUARY

### Kenny Joe Kociss



GARDNER - Kenny Joe Kociss, 78, a lifelong resident of Gardner, passed away Monday, January 20, 2014 at his home.

Visitation and video tribute will be held Wednesday, January 22, between the hours of 5 and 8 p.m. at Reeves Funeral Home, 203 Liberty Street, Gardner.

Funeral services will be Thursday morning, January 23, at 10 a.m. in the funeral home with Reverend Jan Chandler of Church of Hope officiating.

Burial will be in Braceville - Gardner Cemetery. Kenny Joe's nephews will act as pallbearers.

Kenneth Joseph was born September 7, 1936 in Gardner, son of John William Sr. and Gladys Irene McGurk Kociss. He was raised and educated in Gardner and worked for the U.S. Government prior to gaining employment with the Joliet Stockyards. Most recently Kenny Joe worked as a custodian at Gardner South Wilmington High School and the Gardner Laundromat until his retirement.

He was a former volunteer fireman with the Gardner Fire Department and

truly enjoyed being out and about in Gardner. You could often find him having coffee at Casey's or at the Gardner Restaurant. Kenny Joe was a regular attendee at the Gardner Village Board meetings and was a recipient of an honorary key to the village. He will be remembered as a great Chicago Cubs and Bears fan.

Survivors include two brothers: James (Lynne) Kociss and Gary Kociss; sister-in-law, Marilyn Kociss; and brother-in-law, Teddy Christensen, all of Gardner; and numerous nieces and nephews, as well as great-nieces and great-nephews.

Kenny Joe was preceded in death by his parents; two brothers: Glenn (Barb) Kociss and John Kociss; and three sisters: Winona ("Boots") Phillips, Linda Christensen and Peggy Kociss.

Preferred memorials may be made as gifts in Kenny Joe's memory to Church of Hope, 202 N. Monroe St., Gardner, Illinois 60424.

Friends may sign the on-line guest book or send private condolences to the family by logging onto:

[www.ReevesFuneral.com](http://www.ReevesFuneral.com)

## Mazon UM Men Meet

The Mazon United Methodist Men met Monday, January 13, with the opening prayer by Pastor Mark Amenda.

Other members in attendance were Ralph Binion, Sr., Ron Clavey, Dick Ely, Jerry Hacker, Randy Lowery, Forrest McCormack, Thomas McGowan, Stan Motter and Joe Swithin.

The secretary, Randy Lowery, read the minutes from the last meeting, which Pastor Amenda moved to accept as read; Clavey seconded. Forrest McCormack, treasurer, presented the monthly treasurer's report, which Clavey moved to accept and Hacker seconded. Both reports were approved and the motions carried.

\$138 was collected the past month from the ongoing recycling fund-raiser. Lowery reported that "thank you" letters have been sent to those donating recyclable materials in 2013.

Under new business, the

treasurer presented the 2013 treasurer's report, which Binion moved to accept and Ely seconded.

Hacker moved to donate \$100 to Tina Brookman to be used at her discretion. Clavey seconded the motion.

Ely moved that \$400 be donated to the church to cover half the delegate fees for the annual conference; McCormack seconded.

The three motions were approved and carried.

Lowery shared a "thank you" letter from Pastor Amenda, president of the United Methodist Motorsports Ministry, thanking the MUMM for its monetary donation.

For a devotional, Pastor Mark read from the book of John 15:14-17.

The next MUMM meeting will be held at 6 p.m., Monday, February 10, at the MUMC.

At 6:31, Hacker moved to adjourn; seconded by Clavey. Approved/motion carried.

### PUBLIC NOTICE NOTICE TO ELDERLY (OVER 65) AND HANDICAPPED VOTERS REGARDING THE GENERAL PRIMARY ELECTION, MARCH 18, 2014

Notice is hereby given to elderly over 65 and handicapped persons that the County of Livingston has compiled with federal and state election laws to promote the fundamental right to vote by improving access to polling places and election day voting as follows:

#### All polling places are now wheelchair accessible

If your polling place is difficult for an elderly or handicapped person to manage, there are some alternatives:

1. On request by phone or letter, the county clerk will supply you with a proper affidavit for a voter unable to enter the polling place on Election Day. This must be completed and returned to the County Clerk's Office no later than 4:30 p.m. on March 17, 2014. On election day two judges from your polling place, of opposite parties, will bring the ballot sheet outside the entrance, proving that you are within a distance of not more than 50 (fifty) feet from the door to the polling place.

2. If an elderly or disabled voter has difficulty in reading the ballot sheet he or she may ask for assistance at the polling place, or may bring a friend or relative to assist. After filling out the proper affidavit, the friend or relative or two judges of opposite parties, can assist you.

3. A request can be made by phone or by mail to the County Clerk's Office for an absentee ballot. When the request is received an application for an absentee ballot will be mailed, or you can download an application on line by going to [livingstoncountyil.gov](http://livingstoncountyil.gov). This application must be filled out and mailed or hand delivered to the County Clerk, who will then mail the absentee ballot to the voter. After voting the absentee ballot it must be mailed back to the County Clerk's Office, so it can be counted on Election Day.

4. Illinois election law allows for early, grace period, and absentee voting to be conducted in the County Clerk's Office. The clerk's office will be open from 9:00 a.m. to 12:00 Noon on Saturday, February 15, 2014 for voter registration and absentee voting, and on Saturday, March 15 for early, grace period and absentee voting. Voting will take place during the regular office hours Monday through Friday from 8:00 a.m. to 4:30 p.m. with extended hours to 6:00 p.m. on Wednesday, March 5 and March 12.

5. The County Clerk's Office will offer two methods for voting, the AccuVote optical scan unit and TSX electronic voting system.

Dated: January 15, 2014

Kristy A. Masching  
Livingston County Clerk  
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### DWIGHT

**Dwight United Methodist Church**  
701 S. Columbia  
584-3420 church  
584-3425 fax  
584-1554 parsonage  
Pastor: Lance Leeds  
• JAN. 22: 3 - 5 p.m., Kids Klub; 3 - 5 p.m., REAL Youth Group; 7 - 8:30 p.m., Ignite Youth Group; 7 p.m., Sanctuary Choir rehearsal.  
• JAN. 23: 6:30 p.m., Praise Band rehearsal  
• JAN. 25: 7 a.m., Men's Bible Study at Rt. 66 and That '50s Place; 1 p.m., Pre-Jam and Winter Jam Concert; 6:30 p.m., YAGOs: Pontiac UMC  
• JAN. 26: 8 a.m., Early Worship Service; 9:15 a.m., Sunday School; 10:30 a.m., Late Worship Service; 11:30 a.m., Potluck dinner; 2 p.m., Heritage Health; 5:30 p.m., Prayer Group  
• JAN. 28: 8:30 a.m., Hens Bible Study; 9 a.m., Jean Voigts Bible Study at Heritage Woods; 6:30 p.m., Prayer Shawl  
• JAN. 29: 3 - 5 p.m., Kids Klub; 3 - 5 p.m., REAL Youth Group; 7 - 8:30 p.m., Ignite Youth Group; 7 p.m., Sanctuary Choir rehearsal.

Evening Service and King's Kids Program, 7 p.m.  
• JAN. 26: Sunday School for all ages, 9:45 a.m.; Sunday Morning Service, 10:45 a.m.; Sunday Evening Service, 6 p.m.  
• JAN. 29: Wednesday Evening Service and King's Kids Program, 7 p.m.

**First Congregational United Church of Christ**  
200 W. Delaware St.  
584-1260 church  
• JAN. 26: 10:15 a.m., Service - Annual Meeting and Potluck Lunch.  
**St. Patrick Catholic Church**  
Mazon Ave. at Prairie  
815-584-3522 rectory  
Rev. Chris Haake, Pastor  
• JAN. 25: 4 - 4:45 p.m., Reconciliation; 5 p.m., Mass  
• JAN. 26: 8 a.m., Mass

**St. Peter's Lutheran Church**  
326 W. Chippewa St.  
815-584-1199  
www.stpeterselca.com  
stpetersdwright@sbcglobe.net  
Office: Tu-F, 9 - noon  
Tu. and Wed., 2 - 5:30  
• JAN. 23: 12 noon, Sarah Circle at Dwight Country Club.  
• JAN. 24: "Epistle" deadline; 8 p.m., A.A. meeting.

• JAN. 26: 8:15 a.m., HC Worship; 9:15 a.m., Sunday School; 10:30 a.m., Worship; 11:45 a.m., Annual Congregational meeting; LYO Crescent City.  
• JAN. 27: 9 a.m. - noon, quilting.  
• JAN. 28: 9 a.m. - noon, quilting; 4:30 p.m., Worship Team.

**BRACEVILLE**  
**Braceville United Methodist Church**  
106 W. Goold St.  
Church: 815-237-8512  
Pastor  
Bennett A. Woods  
email: bumclighthouse@yahoo.com  
• JAN. 22: JAM K - 4th & EDGE 5th and 6th After School programs - (after school until 4:30 p.m.) and STATIC Youth Group 7th - 12th grades, (6 - 8 p.m.)  
• JAN. 24: 8 p.m., Alcoholics Anonymous  
• JAN. 26: Sunday Worship Service, 9:30 a.m.  
• WALK Fit and Fellowship Exercise, Tuesdays and Thursdays, 9 a.m.

**CAMPUS**  
**Sacred Heart Catholic Church**  
Pastor: Fr. Chris Haake  
• JAN. 26: 10 a.m., Mass

### Emmanuel Lutheran Church

325 E. Mazon Ave.  
584-3433 church  
584-1291 fax  
584-1023 parsonage  
Rev. Daniel Ognoskie  
Senior Pastor  
• JAN. 22: NO Week-day School; 5:30 p.m., Handbells; 6 p.m., Choir.  
• JAN. 25: 5 p.m., Worship with Holy Communion  
• JAN. 26: St. Matt's Soup Kitchen items due  
• JAN. 29: 3:30 - 5:30 p.m., Weekday School; 5:30 p.m., Handbells; 6 p.m., Choir.  
**First Baptist Church**  
401 N. Clinton St.  
815-584-3182  
Pastor  
Daniel L. Woodward  
• JAN. 22: Wednesday

## 2014 Lunch and Learn

University of Illinois Extension, Kankakee County presents 2014 Lunch and Learn topics.  
**New Year New Budget on January 27 at noon** ~ It's a brand new year, so why not start your finances off right with a new budget. This class will give you the tools to create a budget for the 2014 calendar year and tips on how to keep on track if your money goes astray.  
**Heart Healthy Snacking on February 24 at noon** ~ Snacking is a favorite American pastime. Wouldn't it be nice to be able to snack and improve your heart health at the same time? Well it can be done. Let's talk about heart healthy snacking and identify some snacks that are unhealthy. Let's look at some ways to "snack 'til your heart is content."  
**Spring into Container Gardening on March 31 at noon** ~ Spend the hour learning new ideas for getting those old containers to spring into beauty. Find creative uses for containers you already have around the house.  
**Gardening on a Small Budget on April 28 at noon** ~ Have a beautiful garden on a small budget. Learn how to have a show stopping garden for under \$100.00.  
Bring your lunch and eat while learning. These programs are free of charge. Lunch and Learn will be held at University of Illinois Extension, Kankakee County Office at 1650 Commerce Drive, Bourbonnais, Illinois 60914. Pre-registration is required for program materials to be prepared. Seating is limited. Please call the office at 815/933-8337 to register.  
University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate in this program, please contact the Unit Office at least two weeks prior to the event. University of Illinois Extension offers practical, research-based programs that help people improve their lives and address critical community issues involving youth, families, economics, health and natural resources.

## Training to be a Hospice of Kankakee Valley Volunteer

Hospice of Kankakee Valley will offer a volunteer training on Saturday, February 15 and 22, from 9 a.m. until 2 p.m. at the Hospice of Kankakee Valley office located at 482 Main St. NW in Bourbonnais.  
Volunteers at Hospice of Kankakee Valley (HKV) will work with the patients and staff at HKV. HKV has provided end of life care for 32 years in the Kankakee area and strives to act out its motto: Our family, caring for yours. The goal of Hospice care is to support those who are living with a terminal illness and focus on their whole being: physical, emotional and spiritual and to offer support to their families.  
Those who are interested in volunteering are encouraged to sign up for volunteer training where they will have the opportunity to learn new skills, meet new people, and help make a difference. HKV can use all volunteers, no matter what skills or abilities they have. Hospice volunteers have the opportunity to help out in a variety of ways, including direct contact and companionship with patients, bereavement support, mailings, office tasks, community education, deliveries, fund raising and event planning.  
Hospice of Kankakee Valley is currently interviewing volunteer candidates. The last day to apply for the upcoming volunteering training is Monday, February 10. Volunteer applications are available at Hospice of Kankakee Valley's office, 482 Main St. NW Bourbonnais, or online at hkvcares.org. Please call Mary Thomson, at (815) 939-4141 for more information.  
Hospice of Kankakee Valley is the area's longest serving, community supported hospice, providing support to thousands of families in Kankakee County and beyond.

## Kankakee Workforce Services Office Moving to New Location

The Kankakee Workforce Services office is moving to a new location from January 27 to 31.  
The office, currently located in the Kankakee Community College Education & Employment Center at 202 N. Schuyler Ave., is moving to KCC's North Extension Center at 450 N. Kinzie in Bradley.  
"Assistance won't be available during the week of the move," said Dana Washington, director of Kankakee Workforce Services. "We are opening at the new location on Monday, February 3, and our hours remain the same, Monday through Friday, 8 a.m. to 5 p.m. We are encouraging clients with transportation issues to take the bus to our new office. The North Extension Center is on the Kankakee River Valley Metro-Northfield Square bus route."  
Kankakee Workforce Services provides employment assistance to persons who have lost their jobs through plant closings or layoffs, low-income individuals working or not, and youth ages 18 to 21; the office also provides programs and services for enhancing one's educational skills for better employment marketability.  
All programs and services are offered at no cost to qualified individuals. For more information, phone Kankakee Workforce Services at 815-802-8960.

## Radon Action Month - Have You Tested Your Home?

January is National Radon Action Month and the Grundy County Health Department is urging homeowners to test their homes for the dangerous gas. Radon is a colorless, odorless, and tasteless gas that is produced by the decay of uranium and radium in the soil. Radon rises through the soil and can enter buildings through small cracks in the foundation or floors, gaps around pipes, or sump pits. This gas is naturally occurring and can be found at various levels throughout Illinois and Grundy County. The most recent reports from Illinois Emergency Management Agency show that 41% of tested Illinois homes and 38% of tested Grundy County homes had radon levels exceeding the recommended level for taking action (4pCi/L). Long-term exposure to radon gas at this elevated level can be dangerous. Although exposure to radon gas causes no immediate noticeable symptoms, it can be deadly. Radon is the second leading cause of lung cancer and even non-smokers can be at risk of lung cancer from radon exposure. It is estimated that 21,000 people die from radon related lung cancer in the United States each year.  
Testing is the only way to determine if radon is present in your home or building. Test kits are easy to use and affordable, and they are available at the Grundy County Health Department at a cost during January for two test kits. Test kits are also available at some hardware stores.  
The best time to test is during the cold-weather months, when homes and buildings are closed and radon is more likely to build to unhealthy levels. If you have any questions about radon, the radon testing process or your radon test results, please contact the Grundy County Health Department's Environmental Health Division at (815) 941-3115. For more information on radon, visit www.epa.gov/radon or www.state.il.us/iema/.  
Radon testing is simple and inexpensive. Knowing your risk can help you protect the lives of you and your family from the cancer causing substance.

## Pet of the Week

**TIPPY**  
is a 5 year old Chihuahua mix. He doesn't care for young children, but he is definitely a lady's man. Tippy will crawl into your lap and loves to snuggle up for some attention and nap. Come see this sweet little guy!



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## "It's A Pain In The Back" by Ronda Addy

Individuals suffering from back pain due to a herniated disc, degenerative disc disease or some other spinal problem used to have to endure major costly surgical procedures to get relief. Thanks to innovations in the field of medicine, however, they now have other options like spinal decompression therapy. Spinal decompression therapy is a non-surgical procedure that reduces the loading of the spine to treat lower back, leg, neck and arm pain. It has proven effective for treating degenerative discs, facet syndrome, herniated discs, sciatica and spinal stenosis.  
The therapy involves the proper placement of a patient on a specially designed computerized table. The problem disc is isolated and placed under pressure to create a vacuum effect. This repositions the disc back where it should be and creates a fresh blood supply, which aids in healing.  
Before starting treatment, the physician should go over the patient's medical history, x-rays and MRI/CT scans to make sure they are a good candidate for the therapy. Spinal decompression therapy is not recommended for anyone suffering from abnormal posture, loss of muscle control, musculoskeletal conditions, spinal curves or severe osteoporosis. It is also not recommended for the elderly, pregnant, severely obese or anyone who has undergone spinal surgery but still has an unstable spine.  
Once a patient has been identified as a good candidate for the therapy, an individual plan will be created for them that will treat their specific needs. Treatment sessions usually occur three to five times a week and last one hour. In most cases, patients need 10 to 30 treatments. Although patients may experience a reduction in pain in the first few sessions, they should continue the treatment in order to heal completely.  
Spinal decompression therapy has a 70% success rate. Anyone suffering from back problems should speak to their doctor about undergoing the therapy. It is not for everyone, but it may help in some cases. Some people, in fact, who have undergone surgery and still experience pain have found spinal decompression therapy to be helpful.

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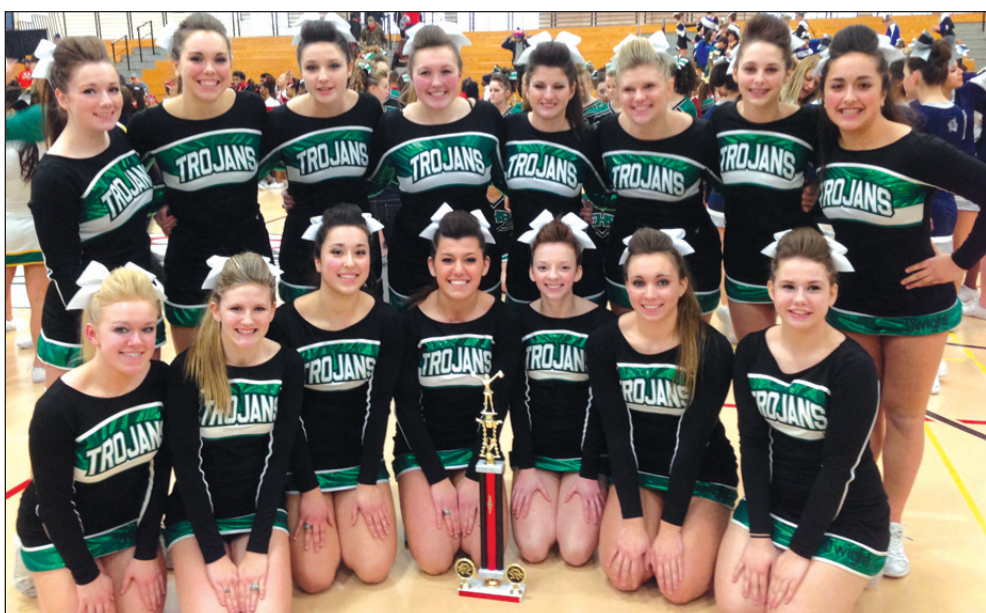
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THE DWIGHT TOWNSHIP HIGH SCHOOL CHEERLEADERS TOOK 1st place at the 7th annual Lincoln-Way Central High School "Knights Invitational" Saturday, January 18.



DTHS TROJAN SCHOLASTIC BOWL TEAM competed recently in the Winnebago Invitational. Dwight earned sixth place. Pictured, l to r; Assistant Coach Jason Hayward, Riley Van Der Karr, Brendan Reamer, Jayne Tyler, Owen Pulver, Ryan Beier, Jasmine Lyons, Nick Schultz.



## DTHS TROJANS SCHOLASTIC BOWL

**Thursday, January 16**  
**Dwight vs. Seneca**  
**Varsity -**

The Varsity Scholastic Bowl team faced off against a very fast Seneca team, January 16.

After dropping the first match 120-240, they rallied to win the 2nd 220-150. Owen Pulver led the scoring with 8 tossups, followed by Riley Van Der Karr with 3. Ryan Beier and Grace Twagilimana each had one.

**Saturday, January 18**  
**Winnebago**  
**Invitational**

The Dwight Township High School Scholastic Bowl team

earned 6th place at the Winnebago Invitational on January 18th. After a tough morning session, the Trojans entered the break 2-3. They battled their way to two more wins in the afternoon to end the day 4-3. Owen Pulver was the top point earner overall at the tournament with 28 toss-ups over 7 matches.

Match 1 was a 250-130 loss to Rockford Lutheran. Owen had the team's 5 tossups.

Match 2 was a 160-90 loss to Morrison. Owen had 2 tossups.

Match 3 was a 170-40 win over Pecatonica. Owen had 5 tossups and Ryan added 1.

Match 4 was a 190-100 loss to Winnebago. Riley and Owen each had one tossup.

Match 5 was a 190-140 win over a scratch together placeholder team from various schools. Owen had 8 tossups.

Match 6 was a 180-70 win over Galena. Tossup totals - Owen 4, Riley 1, Nick 1, and Brendan 1.

Match 7 was 190-120 win over Mendota. Tossup totals - Riley 4, Owen 3, and Ryan 1.

Tossup Totals for the day: Owen Pulver 28, Riley Van Der Karr 6, Ryan Beier 2, Nick Schultz 1, Brendan Reamer 1.

Seneca was the tournament champion going 7 - 0.

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